

# Siblings Workshops

## Saturday 14th October in London

NCVO Offices – within walking distance of Kings Cross Station  
8, All Saints St, London N1 9RL [www.ncvo.org.uk](http://www.ncvo.org.uk)

This workshop is for the adult brothers and sisters of people who live in a Camphill community.

The purpose of the workshop is to meet other adult siblings, share experiences and have an opportunity to discuss any issues and concerns about the role you may play in the care and support of your brother or sister in the future.

***Early booking recommended as previous workshops were over subscribed.***

You will take away:

- A sense of belonging to a group of people with similar experiences and concerns.
- Information about options for future care and support and how these may affect you.
- Ideas for influencing your brother's or sister's support at Camphill.

Programme

- 10.30 Welcome and refreshments
- 11.00 CFF Annual Meeting
- 12.00 Lunch
- 13.00 Workshop led by Sibs
- 16.00 Close

The workshop facilitator is Monica McCaffrey. Monica is founder and CEO of Sibs [www.sibs.org.uk](http://www.sibs.org.uk) the UK charity for siblings of disabled people. She has been running workshops on sibling issues for young and adult siblings, parents and professionals for over 20 years. Monica has a brother with a learning disability and currently manages his care and support.

*This workshop is for adult siblings (18 upwards) only - it is our experience at Sibs that the inclusion of parents, partners or friends has prevented siblings from sharing their feelings and views openly.*

**If you wish to attend the meeting please complete the form below.**

Elaine Dowell,  
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Normanby,  
Sinnington, York YO62 6RH  
[elainedowell6@gmail.com](mailto:elainedowell6@gmail.com)

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Name(s)

Address

Mobile number

Email address

In which community do you have a sibling?

Please note there will be a £12 charge for lunch to be paid on the day.

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